



overstrand cape whale coast

WESTERN CAPE – SOUTH AFRICA



Outdoor activities map



There's a place an hour's drive from Cape Town, where you can almost touch whales from the cliff top, see more plants than anywhere else on earth, watch penguins raise their young, encounter the Marine Big Five, enjoy champagne air. There's art & adventure, a nature lover's paradise.

A place where nature talks ...

Munisipaliteit • U-Masipala • Municipality



tourism@overstrand.gov.za
www.whalecoast.info



Hangklip-Kleinmond | Hermanus | Stanford | Gansbaai



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events and festivals

The Overstrand Cape Whale Coast is a perfect year-round destination for your next holiday, breakaway, conference, wedding or incentive trip. Besides the regular country, farmers and morning markets held mostly over weekends, the main events that happen in the Overstrand are:

DATE	EVENT/FESTIVAL	REGION	CONTACT DETAILS
Jan	Hemel-en-Aarde Pinot Noir Celebration	Hermanus, Hemel-en-Aarde	Winegrowers Association
Jan - Feb	Stiek Yt Motorbike Rally	Palmiet Caravan Park, Kleinmond	072 753 3504 082 376 3109
Feb	Birkenhead Commemoration	Gansbaai	Gansbaai Tourism 028 384 8336
March	Passion Play	Hermanus Old Harbour	079 564 0557
March	BBos Basaar	Baardskeerdersbos	Morne van Devenier 084 500 3006
March	Cape 1000 Classic Cars	Burgundy Restaurant, Hermanus	Peter 082 443 3425
March	Lighthouse2Lighthouse Walk to Danger Point Lighthouse	Gansbaai	www.lighthouse2lighthouse.co.za
March	Overberg BMX Club Race	Hermanus	Rickus Muller 064 785 9417
Apr	SA National BMX Summer Classic	Hermanus	Rickus Muller 064 785 9417
April	Baardskeerdersbos Art Route	Gansbaai	www.baardskeerdersbosartroute.co.za
April	Greenpop's Reforest Festival	Gansbaai	www.greenpop.org
May	Race2Hermanus Triathlon	Hermanus	race2hermanus@electricink.co.za
May	Stanford River Race	Stanford	Stanford Tourism 028 341 8516
June	Hermanus FynArts Festival	Hermanus	www.hermanusfynarts.co.za
June	Hops at the Hills	Stanford	Stanford Hills Estate 066 250 3388
June	Penguin Plunge	Stanford	Lana Coates 082 216 4398
Aug	Kalfiefees	Onrus & Hermanus	www.kalfiefees.co.za
Aug	Trail Series Super League	Kleinmond	www.trailseries.co.za
Sept	Race 2 the Sea 2025	Franschhoek to Hermanus	info@adventuranc.com
Sept	HBS Celebration of Fynbos	Fernkloof, Hermanus	www.fernkloof.org.za
Oct	Hermanus Whale Festival	Hermanus	www.hermanuswhalefestival.co.za
Oct	Wine & Cheese Festival	Stanford	Walker Bay Estate 028 341 0183
Oct	The Stanford Festival	Stanford	Howard Krut 082 667 9232
Oct - Nov	Wines2Whales	Hermanus	www.epic-series.com
Nov	Overberg Toy Run	Stanford	Eddie Noble 083 261 5675
Dec	Stanford 100 Miler	Stanford	www.thestanford100miler.co.za
Dec	Hawston Sea Festival	Hawston Campsite	Elnora Gillion 028 315 8000
Dec	Christmas Lights Campaign	Stanford	Stanford Tourism 028 341 8516
Dec	Grootbek op Kleinmond Festival	Kleinmond	admin@grootbek.net
Dec	Sixth Cricket	Stanford	Buildit Gansbaai 028 384 1543

- * ParkRun every Saturday at 8:00 at Groeneweide Gansbaai, Harold Porter Betty's Bay, Hemel-en-Aarde and Benguela Cove Hermanus.
- * Hermanus First Friday Artwalk – 1st Friday of the month.
- * Hermanus Art in the Park, Hermanus Country Market 1st Sunday of the month.
- * Farmers, Saturday and Night Markets held at various locations
- * Link to www.whalecoast.info/events-calendar/ for updated info on events.

some of our unique events ...

KALFIEFEES HERMANUS KUNSTEFEEES

Kalfiefees Hermanus Kunstefees! A festival of theatre, music, art and lifestyle celebrated in the month of August in Hermanus. This is a festival for young and old. Drama, comedy, music, dance, children's theatre, book discussions, art and lifestyle; something for every festival goer's taste. The Kalfiefees gives artists from all over the country the opportunity to come together and entertain nationwide audiences. www.kalfiefees-hermanus.co.za



HERMANUS – FYNARTS

Celebrate the arts with Hermanus FynArts to 6 – 16 June 2025.

A full programme of performances, workshops, presentations, books, food demonstrations, wine tastings and art exhibitions.

www.hermanusfynarts.co.za



STANFORD – ART FESTIVAL

The Stanford Arts Festival is an annual celebration of the creative potential of the people of Stanford and the Overstrand. An event that brings our community together through the power of collaboration and, notably, an Extra Mural Arts program. The Festival has grown to showcase talent through the development of performance, music, art and dance.



GANSBAAI – BIRKENHEAD COMMEMORATION

The HMS Birkenhead sank off the Danger Point Coast of Gansbaai in 1852. Of the 636 persons on board only 207 survived. As the boat sank the command "Women and Children first" rang out. All the women and children survived. Gansbaai Tourism commemorates this tragedy annually on 26 February with a boat trip to the Birkenhead Rock and a special memorial service at the Danger Point Lighthouse.



HANGKLIP-KLEINMOND

- escape to nature -



MOUNTAIN BIKING, HIKING & TRAIL RUNNING

CYCLING ROUTES

Kleinmond Bike Park 066 216 0571

Kleinmond Cycle Club (Permit required) 079 986 6525

HIKING TRAILS

Harold Porter Botanical Garden 087 260 9755

Kleinmond Coastal and Mountain 028 271 8474

Reserve Betty's Bay & Pringle Bay

Kogelberg Nature Reserve (Permit required) 087 288 0499

Rooisand Nature Reserve (No permit required) 087 288 0499

HIKING TOURS

Cape Mountains & Field 082 343 2501

Homegrown SA Tours 082 899 3354

Route Hiking Trails 083 308 7619

Sisonke Enviro Tours 076 303 5301

MOUNTAIN BIKING

Kleinmond Cycle Club (Permit required) 079 986 6525

Kogelberg Nature Reserve (Permit required) 087 288 0499

RUNNING / TRAIL RUNNING

Hangklip Athletics Club 082 443 3033

Trail Series: Kogelberg Biosphere 072 438 3242

OTHER ACTIVITIES

ABSEILING

Abseiling & Rock Climbing 028 271 8474

Tourism Bureau for info

BIRDING

Birding, Tourism Bureau for maps 028 271 8474

Penguin Colony, Stony Point 087 087 3001

Rooisand Nature Reserve 087 288 0499

GOLF

Arabella Golf Course 18 Holes 028 284 0105

Kleinmond Golf Club 9 Holes 028 271 3525

SAND BOARDING

SA Forest Adventures 079 495 3987

OCEAN AND WATER ACTIVITIES

CANOEING

Kleinmond Pleasure Boats 073 846 2115

Pura Vida Kleinmond 079 713 3030

FISHING / ANGLING

Angle from the rocks, shores & lakes 028 271 8474

Tourism Bureau for Maps, permit info

Crayfish (in season), Tourism Bureau 028 271 8474

for Maps, permit info

RIVER RAFTING & TUBING

Palmiet: River Kogelberg

Nature Reserve

Gravity Adventures 021 683 3698

SA Forest Adventures 079 495 3987

OPEN AIR SWIMMING

Beaches: Kleinmond, Betty's Bay,

Pringle Bay & Rooiels

SURFING

Main Beach, Betty's Bay

HERMANUS

- whale capital of the world -



MOUNTAIN BIKING, HIKING & TRAIL RUNNING

BIKE RENTALS

GoBike Hemel-en Aarde Village 082 879 1735

Hermanus Cycles 082 932 3938

UP Cycles 074 100 9161

CYCLING ROUTES

Fernkloof Cycling Trail

Hermanus Cycle Trail, Hemel-en-Aarde Valley

HIKING TRAILS

Hermanus Cliff Path

Hoy's Koppie

Onrus Cliff Path

Bouchard Finlayson Hemel-en-Aarde 028 312 3515

Bosman Hemel-en-Aarde 076 300 0819

Fernkloof Nature Reserve 028 312 2985

Glamtrails 083 444 5267

Walker Bay Nature Reserve 087 087 8250

RUNNING

Benguela Cove Parkrun (Saturdays Only)

Hermanus Parkrun Hemel-en-Aarde (Saturdays Only)

WALKING TOURS

D'fine Tours 083 517 3635

Eat like a local 082 450 9532

Funky Lady Tours & Adventures 078 239 9512

Heart of Abalone Tours 071 588 5805

Hermanus Whales & Talks 064 940 9255

Thozza Tours – Cultural Tours 082 897 7175

Whale Crier Walks (Whale Season Only) 072 203 7806

Willy Kompela – Cultural Tours 028 313 8930

073 041 1743

OTHER ACTIVITIES

CHILDRENS ACTIVITIES

Benguela Pirate Golf 087 357 0637

Benguela Cove Splash Park 087 357 0637

Dusty Feet 071 862 1440

Hermanus Skate Park n/a

Overberg BMX 064 785 9417

SA National Space Agency (Wed at 11:00) 028 312 1196

South Africa Shark Conservancy 062 894 4313

Whale Coast Theatre 028 312 1396

Whale Museum 028 313 0418

Wonderland Play Park 028 316 4006

HORSE RIDING

Heaven & Earth Trails 076 614 9394

SCENIC DRIVE

Rotary Way, Entrance: Mount Pleasant

GOLF

Hermanus Golf Club 028 312 1954

SCIENCE

SANSA Space Science 028 312 1196

OCEAN AND WATER ACTIVITIES

WHALEWATCHING

Hermanus Whale Cruises 082 369 8931

Southern Right Charters 082 353 0550

Whale Watchers 082 931 8064

FISHING / ANGLING

Angle from the rocks permit from SA Post office

Majestic Cruising 076 052 8971 • 083 746 8985

Blade Charters 076 109 9717

Cuda 2 Fishing Charters 082 864 2275

OPEN AIR SWIMMING

Beaches: Grotto, Voëlklip, Kammabaai, Sandbaai, Onrus,

Vermont, Hawston Langbaai Tidal Pool: Fick's Pool,

The Marine Pool, Davies Pool

Hawston Olympic Size Swimming Pool 028 315 1821

DIVING

Scuba Africa Neptune's Divers 071 424 3428 • 074 124 4032

SURFING

Onrus Beach, Voëlklip Beach 028 313 8000

KAYAKING & STAND-UP PADDLE

Blade Charters 076 109 9717

Walkerbay Adventure 082 739 0159

WINE TOURS

Wine Hoppers 076 991 2498

STANFORD

- connect with country life -



MOUNTAIN BIKING, HIKING & TRAIL RUNNING

HIKING TRAILS

Blue Gum Country Estate 065 626 5456

Historical Stanford on Foot 028 341 8516

Mosaic Lagoon Lodge Guided Walk 076 313 2814

Phillipskop Mountain Reserve 073 621 1808

Stanford Hills Estate 066 250 3388

The Fynbos Trail 082 464 5115

Walker Bay Nature Reserve 028 314 0062

Wandelpad 028 341 8516

MOUNTAIN BIKING

Blue Gum Country Estate 065 626 5456

Country Bike Tours 082 927 7794

Mosaic Lagoon Lodge 076 313 2814

Stanford Hills Estate 066 250 3388

Stanford Tourism 028 341 8516

Strandveld Adventures 076 539 5993

TRAIL RUNNING

Stanford Hills Estate 066 250 3388

OTHER ACTIVITIES

4x4 ROUTES

Walker Bay 4x4 Fishing Trail, (Permit required) 028 314 0062

BIG CAT SANCTUARY

Panthera Africa 076 974 3088 • 071 182 8368

BIRDING

Klein River & Estuary 028 341 8516

Willem Appel Dam Birdhide 028 341 8516

Strandveld Adventures 076 539 5993

NURSERIES & TASTINGS

Birkenhead Brewery 028 341 0183

Fynbos Distillery 076 320 3092

Eikenhoff Orchid Nursery 076 292 5267

Overberg Honey Company 072 325 6360

Riverland Garden Centre 064 687 1599

HORSE RIDING

African Horse Company 082 667 9232

SPA TREATMENTS

The Milkwood Spa at Mosaic Lagoon Lodge 076 313 2814

The Poplar Spa at Stanford Valley Country Lodge 072 198 0862

OCEAN AND WATER ACTIVITIES

BEACHES

Beach Excursion Mosaic Lagoon Lodge 076 313 2814

Walker Bay Nature Reserve 028 314 0062

Only accessible via 4x4 or hiking

BOATING

Stanford Tourism, river access permits 028 341 8516

for motorised craft

Walker Bay Nature Reserve, (Permit required) 028 314 0062

KAYAKING

Lady Stanford Kayak Hire 066 374 9386

Strandveld Adventures 076 539 5993

RIVER TRIPS

African Queen 082 732 1284

Lady Stanford 066 374 9386

River Rat 072 246 4938

WHALEWATCHING

African Wings 082 458 0833

GANSBAAI

- the natural adventure destination -



MOUNTAIN BIKING, HIKING & TRAIL RUNNING

CYCLING ROUTES

Fatbike Tours 079 514 8386

Lomond Routes 082 296 2272

E Bikes 082 296 2272

Gansbaai Mountain Bike rides 082 296 2272

HIKING

Fynbos Trails 082 464 5115

Geological Trail 082 907 5607

Groeneweide Parkrun 082 301 9041

Panorama Natures Haven (Appointment) 071 554 1234

Pearly Beach Meander 082 866 7274

Perlemoen Trails 072 890 4317

Platbos Forest 082 411 0448

Strandveld Hiking Club 072 222 6672

Walkerbay Nature Reserve 028 314 0062

OTHER ACTIVITIES

Afrikanos Crocodile Diving & Pond Tours 082 220 3344

Grootbos Florilegium Tours 028 384 8008

CULTURAL ACTIVITIES

Adventure Cave Tours 083 611 0351

Danger Point Lighthouse 028 384 8336

Klipgat Caves 028 384 8336

GOLF

Gansbaai Golf Course 028 384 1441

HORSE RIDING

Franskraal Horse Rides 079 195 8463

Gansbaai & Pearly Beach Horse Riding 083 427 5674

WINE & BEER TASTING

Lomond 082 908 0099

Gansbaai Wine Tours 064 679 1454

Giant Periwinkle Wines (By Appointment) 082 821 2301

Whale Coast Brewing Co 063 729 3816

4X4 TRAILS

Panorama 071 554 1234

SCENIC FLIGHTS

Overberg Aviation 083 976 0324

CHILDREN'S ATTRACTIONS

Fantasy Garden 028 384 1136

Supertube and Putt-Putt 072 479 7851

Groeneweide Farm Animals 082 301 9041

BIRDING

African Penguin & Seabird Sanctuary 072 598 7117

Birding 028 384 8336

OCEAN AND WATER ACTIVITIES

FISHING / ANGLING

Along the coast and by boat 028 384 8336

Lomond Dam (By Appointment) 082 908 0099

SWIMMING

Stanford's Cove, Franskraal, Uilenkraalsmond & Pearly Beach.

WHALEWATCHING & ECO MARINE TOURS

Dyer Island Cruises 082 801 8014

Ivanhoe Sea Safaris 082 926 7977 • 028 384 0556

SHARK CAGE DIVING

Cape Shark Adventures 072 418 4559

Marine Dynamics 082 380 3405

Shark Lady 028 313 2306

White Shark Diving Company 082 559 6858

White Shark Projects 076 245 5880

